



CLUB CONSTITUTION

1. NAME

1.1. The Club will be called Jog Lisburn Running Club and will be affiliated to:-

Athletics Northern
Ireland Athletics House,
Old Coach
Road, Belfast
BT9 5PR

2. AIMS AND OBJECTIVES

2.1. The main purposes of the club are to provide facilities for and to promote participation in the amateur sport of athletics in the greater Lisburn area. The aims and objectives of the club will be: -

- to promote participation in athletics through racing or leisure;
- to promote the health and wellbeing of the local community through participation in athletics;
- to promote personal health and esteem through health awareness education and athletics;
- to promote athletics locally as an amateur sport;
- to ensure a duty of care to all members of the club;
- to provide all its services in a way that is inclusive and fair to all, independent of age, ability, race, gender, ethnicity, religious belief, sexual orientation or social/economic status.

3. MEMBERSHIP

3.1. Membership of the club shall be open to anyone interested in the sport on application, regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs, except as a necessary consequence of the requirements of athletics. The club may have different classes of membership and subscription on a non-discriminatory and fair basis. The club will keep subscriptions at levels that will not pose a significant obstacle to people participating. To ensure all present and future members receive fair and equal treatment, membership should consist of officers and members of the club. All members will be subject to the Regulations and Constitution of the club and will be enrolled in one of the following categories: -

- Full member
- Associate member
- Junior member, Junior members shall not have the right to

vote at meetings of the club

- Life/ Honorary member

3.2. Membership will infer agreement and compliance with, the JLRC Regulations and Codes of Conduct , necessary for the safe and fair management of the club including: -

- the standards of conduct expected of members and officers;
- arrangements for protecting members, including children, young people or vulnerable adults from any form of abuse;
- arrangements for protecting members and the general public from any potential harm.

3.3. The Committee may refuse membership, or remove it, only for good cause such as conduct or character likely to bring the club or sport into disrepute. Appeal against refusal or removal may be made to the members.

3.4. Membership will not infer any benefits of a financial or material nature.

4. MEMBERSHIP SUBSCRIPTIONS

4.1. Membership subscriptions will be set annually and agreed by the Committee or determined at the Annual General Meeting (AGM). Subscriptions will be requested annually due by 1st April.

5. OFFICERS OF THE CLUB

5.1. Officers of the club will be: -

- Chairperson
- Vice Chairperson
- Secretary
- Treasurer
- Child Protection Officers
- Head Coach (appointed by Committee subject to qualification)
- Media officer

5.2. Officers will be elected annually at the AGM.

5.3. All officers will retire every two years but will be eligible for reappointment.

5.4. The Committee may elect additional posts during the year if club needs dictate a requirement

6. MANAGEMENT COMMITTEE

6.1. The club will be managed by the Committee consisting of the elected officers of the club as elected under item 5 and others co-opted as necessitates by business in hand.

6.2. The quorum at meetings shall be five or such other number as the Committee may from time to time determine and shall consist of at least two club officers from the Chairperson, Vice Chairperson, Treasurer, Secretary and Child Protection Officers. Only these posts elected under item 5 have the right to vote at meetings of the Committee.

- 6.3. The Committee will be convened by the Secretary of the club and held no less than three meetings a year.
- 6.4. The quorum required business to be agreed at Committee meetings shall be five as above.
- 6.5. The Committee will be responsible for adopting new policy, Codes of Practice and Rules that affect the organisation of the club.
- 6.6. The Committee will have authority to appoint Sub-Committees as necessary and appoint advisers to the Committee as necessary to fulfil its business.
- 6.7. The Committee will be responsible for disciplinary hearings of Members who infringe the club rules/ regulations / constitution. The Committee will be responsible for taking any action of suspension or discipline following such hearings.
- 6.8. The Committee elected at an Annual General Meeting shall have the power to co-opt further members to fill any vacancy arising on the Committee, or to enlist Committee members with particular skills who shall serve until the conclusion of the next following Annual General Meeting provided that the number of co-opted members shall not exceed one third of the total members of the Committee. Co-opted members shall not have the right to vote.

7. FINANCE

- 7.1. All club monies will be banked in an account held in the name of the club.
- 7.2. The Club Treasurer will be responsible for the finances of the club.
- 7.3. The financial year of the club will end on 31st March.
- 7.4. A statement of annual accounts will be presented by the Treasurer at the AGM or as soon, as is reasonably feasible thereafter.
- 7.5. Any cheques drawn against club funds should hold the signatures of the Treasurer plus up to two other officers.
- 7.6. All surplus income or profits are to be reinvested in the club. No surpluses or assets will be distributed to members or third parties.
- 7.7. The accounts shall be audited by an auditor or auditors appointed by the Annual General Meeting or examined by any independent person who shall be appointed by the Annual General Meeting.

8. ANNUAL GENERAL MEETINGS

- 8.1. Notice of AGMs will be given by the Club Secretary. Not less than 21 clear days' notice to be given to all members.
- 8.2. The AGM will receive a report from officers of the Committee and a statement of the audited accounts.
- 8.3. Nominations for officers of the Committee will be sent to the Secretary prior to the AGM.

- 8.4. Elections of officers are to take place at the AGM. All members, with the exception of junior members, shall have the right to vote at the AGM. The quorum for AGMs will be at least 15 people. The Committee has the right to call Extraordinary General Meetings (EGMs) outside the AGM. Procedures for EGMs will be the same as for the AGM.

10. SAFEGUARDING CHILDREN

- 10.1. JLRC is fully committed to safeguarding the wellbeing of its members. Every individual in the club should, at all times, show respect and understanding for their rights, safety and welfare, and conduct themselves in a way that reflects the principles of the club child protection policy and the guidelines provided by our governing body and contained in the Code of Ethics and Good Practice for Children's Sport.

11. EQUALITY POLICY STATEMENT

- 11.1. This club is committed to ensuring that equality is incorporated across all aspects of its development. In doing so, it acknowledges and adopts the following Sport Northern Ireland definition of sports equity:

“Sports equality is about fairness in sport, equality of access, recognizing inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.”

- 11.2. The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- 11.3. The club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.
- 11.4. All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- 11.5. The club will deal with any incidence of discriminatory behaviour seriously, according to club disciplinary procedures.

12. DISCIPLINE AND APPEALS

- 12.1. All concerns, allegations or reports of poor practice/abuse relating to the welfare of children and young people will be recorded and responded to swiftly and appropriately in accordance with the club's safeguarding children and young people policy and procedures. The club's Child Protection Officers are the lead contact for all members in the event of any safeguarding concerns.
- 12.2. All complaints regarding the behaviour of members should be presented and submitted in writing to the Secretary. Jog Lisburn Running Club will appoint a non-elected member of the Committee to investigate and respond to complaints within 30 working days or next committee meeting of a complaint being received.
- 12.3. The Committee has the power to take appropriate disciplinary action including the termination of membership.

- 12.4. The outcome of a disciplinary hearing should be notified in writing to the person who lodged the complaint and the member against whom the complaint was made within 7 days of the hearing.
- 12.5. There will be the right of appeal to the Committee (members not hearing original complaint) following disciplinary action being announced. The Committee should consider the appeal within 15 days of the Secretary receiving the appeal.

13. DISSOLUTION

- 13.1. A resolution to dissolve the club can only be passed at an AGM or EGM through a majority vote of the membership.
- 13.2. In the event of dissolution, any assets of the club that remain will become the property of a trust set up by the Committee. The trust will have the power to dispose of assets in favour of such other charitable institution or institutions having objects similar to objects of the club. That is, upon dissolution of the club any remaining assets shall be given or transferred to another registered Community Amateur Sports Club (CASC), a registered charity or the sport's governing body (Athletics NI) for use by them in related community sports. No member of the trust may benefit directly from the trust. Athletics NI will be responsible to monitor and verify the actions of the trust are in accordance with this policy.

14. AMENDMENTS TO THE CONSTITUTION

- 14.1. The constitution will only be changed through agreement by majority vote at an AGM or EGM.

15. TRUST PROPERTIES

- 15.1. Jog Lisburn Running Club may appoint and may terminate the appointment of not less than three people to act as Trustees for the purpose of holding any moneys or property belonging to the club. The title to all such real and/or personal property which may be required by or for the purpose of the Club shall be vested in the Trustees who shall hold such property in trust for the Club. The Trustees shall act under instruction of the Committee who shall, subject to the approval and consent of the Club as determined by a General Meeting, have power to fill vacancies among the Trustees.

Declaration

It is hereby certified that this document represents
a true and most up to date version of the
Constitution of Jog Lisburn Running Club.

SIGNED:

Chairman...Brendan McKenna.....Date:...20th March 2019.....

Secretary...Brenda Harris..... Date:...20th March 2019.....