

## JOG LISBURN RUNNING CLUB

### MINUTES ANNUAL GENERAL MEETING 2016-2017

**Wednesday 1<sup>st</sup> March 2017 at 7.30pm in Lisburn Racquets Club.**

Committee would like to extend thanks to all who attended this year's AGM and as always, your views and ideas are greatly appreciated. The minutes and summary of Club accounts are outlined below.

1. **WELCOME** – Chairman Brendan McKenna welcomed Club members and thanked them for attendance.
2. **APOLOGIES** – Claire Ussher, Kerry McCarrroll, Laura Johnston, Kathy McCollum, Anne Donnelly, Jenny Patterson, Courtney Ward, Noelle Dean. Noelle wished to extend her thanks to all Club members for the sympathy card sent for the death of her late sister, Gemma. The Club extends its sincere condolences.
3. **MINUTES OF LAST MEETING AND MATTERS ARISING** – Heather updated members on the position of the Club this time last year.  
Election of the current Committee was highlighted, a summary of all Club events was provided including the calendar of races and feedback was given on the Couch to 5K schemes.  
The need for more LIRF's was identified due to the growing numbers of the Club. Coaches were open to suggestions about training and training schedules were to be placed on the Club website.  
In May, Committee called an EGM to hold a vote regarding a name change for the Club. The Club was to remain as Jog Lisburn Running Club.
4. **REVIEW OF PREVIOUS YEAR** – Michael Harris provided an extensive overview of Club activity throughout the past year. Club membership is now at 135 and Jog Lisburn was represented at 80 races throughout the year ranging from 5K races to ultra runs. Two Couch 2 5K programmes were ran with over 50 graduates in each programme. Core training proved very successful.  
JL hosted two events – Lisburn Relays and Ian Morrow's XC race.  
Two additional coaches were required - Damien Herity and Julie Rankin.  
5 new LIRF's also qualified – Ian, Donna, Jenny, Kirsty and Martina.  
A new contract was started with Ronhill for Club Kit.  
The 'Places for Races' initiative was also started this year.  
During each month, members of the Club represented the Club at number of running events, locally, nationally and internationally. A few highlights are included below:
  - London Marathon – Julian Netherton

- Belfast Marathon – 4 members completed this.
- Gothenburg Half Marathon – Joe and Martin Stewart.
- Lots of Club members entered the Lisburn Half and 10K.
- Great North Run completed by Kirsty Henderson and Michael Heaney.
- Several PB's were achieved at Belfast Half.
- Jim completed the Man V Mountain challenge.
- Massive turnout at the Gr8 in Dundrum – congratulations to Joe Stewart for an age category prize.
- Spooky goings on at the Moira Monster Dash.
- Various Santa Runs around the festive period.
- Adrian's 54 mile run – Portaferry to Strangford.
- A very mucky Castlewellan at the Christmas Cracker.
- Park Run milestones – George, Louise, Diane, Eamonn, Martin, Andrew and Gillian.

Many congratulations were passed to George Morrow and Anne Donnelly for age category prizes and their Novosco participation.

The Club was also nominated for the Club of the Year at the Lisburn and Castlereagh Sports Awards. The Club came 3<sup>rd</sup> place in the category.

Members of the Club enjoyed various social nights including the Christmas Dinner at Gowdy's and the Club BBQ where awards were presented;

**Male Runner of the Year – Eamon McCaighy**

**Female Runner of the Year – Anna Clugston**

**Most Improved – Nigel Forbes**

**People's Choice – Martina Rydout**

The Club also celebrated the weddings of Damien and Kathy, Claire and Donna and Irene and Aindi.

- 5. PRESENTATION OF ACCOUNTS** – George presented the income and expenditure account for the period 1<sup>st</sup> April 2016 to 31<sup>st</sup> January 2017.

**INCOME**

Members registration - £4910

C25K - £2970

Public Health Agency - £1675 = £9555

## **EXPENDITURE**

Club Registration - £100  
Members Registration - £1230  
Courses - £1435  
Rent of Sports Hall - £455  
Rent of room for Committee meetings - £135  
Race Subsidies - £570  
Bank Charges - £107  
Social Events - £296  
Vital Nutrition Talk - £225  
Web page - £112  
Kit -£292  
General Expenses - £70 = £5027

Surplus of Income over Expenditure - £4528

6. **Election of Committee** – Fiona Purce led the nominations for the new Committee. The following members were elected to serve on the Management Committee for 2017-2018:

| <b>ROLE</b>                       | <b>NOMINEE</b>      | <b>NOMINATOR</b> | <b>SECONDER</b>  |
|-----------------------------------|---------------------|------------------|------------------|
| Chairman                          | Brendan McKenna     | Damien Herity    | Julie Rankin     |
| Secretary                         | Brenda Harris       | Heather Kennedy  | Gillian Alister  |
| Treasurer                         | George Morrow       | Brendan McKenna  | Adrian Daye      |
| Vice Chair                        | Michael Harris      | Ian Morrow       | Donna Feehan     |
| Child Protection Officer (Male)   | Ian Morrow          | Fiona McFall     | Suzie Townsley   |
| Child Protection Officer (Female) | Jenny Teeny-McGrath | Julie Rankin     | Kirsty Henderson |
| Media Officer                     | Kirsty Henderson    | Bernard Woods    | Nigel Forbes     |
| Social Secretary                  | Heather Kennedy     | Donna Feehan     | Michael Harris   |

Non-Elective roles are as follows:

**Complaints Officer** – Gillian Alister

**Head Coach** – Adrian Daye

**Web & Social Media Officer** – Michael Harris

**Kit Officers** – Brenda Harris and Gillian Alister.

Chairperson expressed his thanks to the current Committee for their valued contribution throughout the year.

**7. Motions for Change in Constitution** – Brendan presented some changes for vote within the Constitution;

**4.1** Membership subscriptions will be set annually and agreed by the Management Committee or determined at the AGM. Subscriptions will be requested annually **due** from the 1<sup>st</sup> April.

**AMEND TO:**

Membership subscriptions will be set annually and agreed by the Management Committee or determined at the AGM. Subscriptions will be requested annually **BY** the 1<sup>st</sup> April. (4 week period for fees to be paid.) *All were in favour.*

**5.3** An Honorary President will be elected by the Management Committee and approved at the AGM.

**AMEND TO:**

Remove from the Constitution. *All in favour.*

**5.4** All officers will retire each **year** but will be eligible for reappointment.

**AMEND TO:**

All officers will retire every **two years** but will be eligible for reappointment. *Majority voted in favour of the change in Constitution.*

**12.2** All complaints regarding the behaviour of members should be presented and submitted in writing to the Secretary. Jog Lisburn Running Club will appoint a non-elected member of the Management Committee to investigate and respond to complaints within **15 working days** of a complaint being received.

**AMEND TO:**

All complaints regarding the behaviour of members should be presented and submitted in writing to the Secretary. Jog Lisburn Running Club will appoint a non-elected member of the Management Committee to investigate and respond to complaints within **30 working days** of a complaint being received or until the next scheduled Committee meeting. *All were in favour.*

Brendan introduced a sign-in book for training nights to help keep a record of who is attending training.

**8. Thank you and Close** - given by Chairperson.